

What people are saying...

About Mark Jones

“Thank you for all your group therapy; it sure is a breakthrough for me and my family. You’re always in our prayers. I thank God for you”

—R. Razo-San Antonio, TX

“You are right, *I am changed!*
I learned so much from your class. I am thankful I will never be the same!”

“The Trinity Program goes far beyond ‘typical’ Christian therapy sessions or even a Biblical retreat. Aside from the tranquil setting, the delectable menu and the profound teaching, this program is life-transforming because it equips you with the training and discipling that we may have missed receiving in our youth. I have been *freed* to draw near to God and to help others do the same. I can now forget what is behind and look forward to my calling in Christ Jesus.”

—N.S. San Antonio, TX

“I think Dr. Jones is the wisest and most Spirit-led man I’ve ever met. He has given us *answers to questions* and brought us a place of growth we have never experienced in our 40 years of being Christians”



Dr. Mark Jones is the founder and director of the Mark Jones Center for Integrated Health. This program has been perfected over the years to meet the needs of each attendee. Dr. Jones is a Licensed Marriage & Family Therapist who maintains a private practice in San Antonio, Texas since 1992. Dr. Jones is an Approved Continuing Education Provider for other professionals, and also conducts seminars for corporations, small businesses, churches, universities, medical industries and other groups. Dr. Jones has been married since 1981 with four children. He has also appeared on the San Antonio Living Show, FOX29, Trinity Broadcasting Network and more. This program is unique compared to other programs because it offers luxury rooms, all meals, a vacation setting, spa facilities, and the opportunity to be personally whole, all in one package!

MARK JONES CENTER
For Integrated Health
Trinity Program

DR. MARK JONES, LMFT
Licensed Marriage & Family Therapist

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What if...

What if you could come home from your next vacation with more peace, confidence and hope than you ever had?

Are you willing to spend a few days enjoying getting pampered, eating like royalty and learning while resolving issues that have distracted your life?

Your answer...

Mark Jones Center For Integrated Health
Trinity Program

- Resolving (the past)
- Restoring (health)
- Retraining (the mind)

By attending this program, you will have made an important health decision that will positively affect the rest of your life.

Resolving the past, restoring health and retaining the mind are an active decision *you* make.



Resolving the Past:

In life, every person has experienced traumas, hurts, betrayals, etc, but not every person will resolve them. Consequently, the past is repressed and eventually becomes a negative or destructive behavior. These behaviors will manifest in the form of perceived failures, sickness, weight gain, obesity, weight loss, uncontrolled angers, fears, insecurities and more. The resolution of these past problems is the first step to restoring your health. It is possible to remember the past, but no longer re-live the emotional pain.

What we have to offer...

- Individual & Group Sessions with Dr. Jones
- All Meals
- Exercise Assessment & Activity (optional)
- Private Luxury Room
- Zoe 8 Health & Nutrition Program
- Spa Treatments
 - ½ hour massage
 - ½ hour Psychokinesiology
 - Hot Tub
 - (Additional spa treatments available)
- Healing & Supportive Environment
- Christian Environment & Prayer
- You Can Receive 6 Hours Of Continuing Education Units On Learned Behavior For Attending This Program.
CEUs Must Be Requested In Advance
(Verify with your licensing board for approval)

Restoring Health:

Panic, anxiety and depression affect millions of Americans every year and are twice as common in women than men. These conditions affect the body's chemistry and immune system, as well as the spiritual, mental, emotional and physical health. What you feed into the spirit, soul and body determines overall health. You can be restored and enjoy the quality of life you always desired. Additionally, understanding what you eat will immediately impact how your body responds and the ZOE8 health and nutritional program will introduce a new eating and health experience.

Reasons to attend...

- Resolve Past Hurts
- Inner Healing
- Situation Depression & Anxiety
- Personal Recovery & Rest
- Find Purpose
- Clarify & Maximize Gifts/talents
- Improve Health (Spirit, Soul & Body)
- Weight Loss, Obesity & Pre & Post Weight Loss Surgery
- Develop Supportive & Enduring Relationships With Your Fellow Attendees.
- Relationship Healing & Recovery

Ye Kendall Inn

Boerne, Texas is historically rooted in holistic healing and spiritual reconnection. Nestled in this unique city, Ye Kendall Inn offers luxurious rooms, scenic views and mouth watering cuisine. The property is home to the state-of-the-art fitness facility Studio YKI as well as the relaxing Hugo's Hill Country Spa.

Retraining the Mind:

Your thinking must first be changed in order to change your direction in life. Old destructive patterns must be identified and replaced with new productive ones. Eventually these new patterns will become normal to your system. Healthy thoughts *produce* beliefs, corresponding emotions, habits and character that will eventually become a part of your automatic behavior *and* produce new results. If you want something you've never had, you must do something you've never done. It's time to begin your renewed life.